

**Sermon Title: No A laCarte Menu**

Date: Sunday, May 26 2019

Speaker: Pastor J.




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**Background Scripture: Galatians 5:22-23 | Colossians 1:9-12**

**Speed Bump**

**Patience**

- Patience is the Greek word *hypomone* which is a compound word made up of: *hypo* (a preposition meaning “\_\_\_\_\_”) and *moneo* (a verb meaning to “\_\_\_\_\_”; “\_\_\_\_\_” or “\_\_\_\_\_”). Thus, the idea is to “\_\_\_\_\_,” “\_\_\_\_\_” or “\_\_\_\_\_” or “\_\_\_\_\_” difficult circumstances.

**Long-Suffering**

- Longsuffering is the Greek word *makrothumia* a compound word made up of *makros* (“\_\_\_\_\_” or “\_\_\_\_\_”) and *thumos* (“\_\_\_\_\_” or “\_\_\_\_\_”). Although *thumos* can mean (“\_\_\_\_\_” or “\_\_\_\_\_”), its usage in this compound form carries the idea of “\_\_\_\_\_”. Thus, *makrothumia* denotes remaining in a state of \_\_\_\_\_ in the face of unfavorable circumstances.
- Within the context of Colossians 1:11, the word translated by patience emphasizes \_\_\_\_\_ in the midst of difficult circumstances whereas the word translated by longsuffering emphasizes the \_\_\_\_\_ or \_\_\_\_\_ we are to have during the difficult time.

Real talk, long-suffering is a very difficult virtue to get & keep, but it is crucial and essential to how we effectively get through the things we go through!

**QFC** (Questions For Consideration)

1. *In your opinion, how is long-suffering obtained and maintained?*

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2. *Is it possible to obtain a particular component of the Fruit of The Spirit and then lose it? Please explain if possible.*

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### **Reflect-n-Recap**

- *This week's lesson was ...*
- *The areas I feel this lesson growing me are ...*
- *Comments / Testimonial / Questions:*