

Sermon Title: GOT JUNK

Date: Sunday, May 29, 2018

Speaker: Pastor J.



Background Scripture: Jeremiah 1:5 (N.I.V.)

⁵ "Before I formed you in the womb I knew you, before you were born I set you apart"

Jeremiah 29:11 (N.I.V.)

¹¹ For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Hebrews 12:1 (New King James Version)

¹ Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us,

Galatians 5:7 (New King James Version)

⁷ You ran well. Who hindered you from obeying the truth?

Jumpstart and Review:

The fact that we all have baggage in our lives, means we're extremely busy trying to juggle issues.

- We're out of shape – PHYSICALLY - We're out of sorts – EMOTIONALLY
- We're out of touch – RELATIONALLY - We're out of order – SPIRITUALLY

Jesus was unquestionably busy, but not hurried. We can be busy and productive, but "hurried-ness" is the polar opposite of "busy." Do we really not know how to slow down!

The problem lies in the reality that we have too much stuff to do. Here are 3 things to understand about having too much stuff:

1. SOME THINGS NEED TO BE SHARED. (Ex. 18:17-18 NIV)
2. SOME THINGS NEED TO BE STOPPED. (Lk. 10:41-42 NIV)
3. EVERYTHING NEEDS TO BE SURRENDERED. (Psalm 62:1 NIV)

What radical change do you need to make to combat the stress and the feeling of being overloaded?

The way we've been doing life is MADDNESS. It will eventually destroy us. It's time to surrender EVERYTHING to God.

QFC (Questions For Consideration)

1. Is balance, sanity and peace of mind valuable to you? Why then do we play around with these precious gifts doing the things we do @ the “break-neck” pace that we try to do them?

2. If we can admit to the “junk” in our lives, why won’t we get rid of it?

Reflect-n-Recap

1. This week’s lesson was ...

2. The areas I feel this lesson growing me are ...

3. Comments / Testimonial / Questions: